



Continuing Education

**Faculty of Medicine
University of Toronto**

SECOND CANADIAN INTER-PROFESSIONAL CONFERENCE ON:

Spirituality & Health-Care

University of Toronto, Canada

**Friday October 25
to Sunday October 27, 2002**

Jointly Sponsored by:

- The Office of Continuing Education and The Department of Family and Community Medicine, Faculty of Medicine, University of Toronto
- Continuing Education at the Toronto School of Theology, University of Toronto
- Continuing Education Division, University of St. Michael's College, University of Toronto
- The Spirituality in Health Care Network
- The Ontario Chaplains Association
- Ontario Multifaith Council on Spiritual & Religious Care

In affiliation with

- The Office of CME, Faculty of Medicine, University of Calgary

Conference Objectives

Health professionals of diverse specialty and training and spiritual leaders of all affiliations are becoming increasingly interested in ways of integrating spirituality with health-care. The health benefits of specific spiritual therapeutic modalities and spiritual practices are now beginning to be documented by research studies. The purposes of this conference are to:

- Enable participants to network with others who are working to bridge spirituality and health care in their professional work
- Introduce participants to different therapeutic modalities for integrating spirituality into health care
- Showcase cutting edge models of clinical programs, research, and interdisciplinary work in spirituality and health care
- Inform participants of resources on spirituality in health
- Encourage the development of further research in this field
- Foster dialogue in a non-aligned multi-faith atmosphere, honoring all faiths and spiritual traditions
- Provide a forum for inter-professional bridging, collaboration and learning, to foster mutual understanding and respect

For further information and updates, visit our website at:
www.cme.utoronto.ca/spirituality

Conference program

Friday October 25, 2002

Hart House: Great Hall

- 8:30 Registration
- 9:00 Welcome and Opening remarks
Opening multifaith sacred ritual
- 9:15 Plenary: Rev. Don Evans DPhil, DD
What aspects of spirituality can be included in health-care?
- 10:00 Plenary: Yvonne Kason MD
Integrating spirituality & health care: from discovering the power of prayer to understanding the modern mystic
- 10:45 **Refreshment break**
- 11:15 Parallel sessions: Select one:
1. *Secular prayer for your practice*
John Rossiter-Thornton MD, Toronto ON
 2. *Living with HIV/AIDS: Journey towards spiritual wellness*
Rev. Doug Graydon MDiv, MEd, Toronto ON
 3. *Putting touch back into caring: therapeutic touch in acute care*
Jodi Cole RN MEd, Toronto ON
 4. *Dance with spirit workshop*
Judith Ross, Toronto ON
 5. *Spiritual discernment*
R. Sawa MD PhD & M. McKinnon, Calgary
 6. *Yoga applications*
Heidi Walk MD, Toronto ON
 7. *Focusing and spirituality: A soul oriented model for therapy*
Bala Jaison PhD, Toronto ON
 8. *Healing power of forgiveness*
Beth Hevda PhD, Calgary AB
- Day long Workshops A & B until 15.30:**
- A. *Mental health, mental illness and expanded levels of consciousness: Personal consciousness integration*
Judith Miller PhD, Philadelphia, PA
 - B. *"Emotional freedom technique" -didactic and experiential training*
Marianna Hartsong PhD, Arizona
- 12:15-14:00 **LUNCH – on your own**
- 14:00-15:30 Parallel sessions: Select one.
10. *Guts, grip & glow: psychological and spiritual self-healing in cancer patients*
Alastair Cunningham PhD, Toronto ON
 11. • *Art and science of meditation*
Lawrence Edwards PhD, New York NY
• *Being self-transcending*
Janet Doutre MA, Montreal, QU
 12. • *Reiki as an aid to spiritual awareness/growth and healing*
Patricia Frain MEd, Winnipeg, MB
• *Spirituality in rehabilitation: wisdom from occupational therapists*
Mary Egan PhD, Ottawa ON
 13. • *Satir model of therapy: transformation of self as key in the spiritual journey*
Janet Christie-Seely MD, Ottawa ON
• *Prodromal dreams: learning to listen to our dream bodies*
Sarah Shadowitz BA, Toronto ON
 14. • *Spiritual healing meditation workshop*
Steven Aung, MD, PhD, Edmonton AB
• *Body, mind and spirit: my experience of depression*
Viola Fast Braun RN, Brandon MB
 15. • *Science & health: Christian Science resource book for spirituality/health-care*
Honor Hill & Ted Savchenko, Dallas TX
• *Holistic Healthcare Movement*
New Spirituality: a religious studies view
Siobhan Chandler MA, Vancouver, BC
 16. • *Taking a spiritual history to identify spiritual stress: a factor in health*
Kenneth Fung MD, Toronto ON
• *Spiritual aspects of therapeutic touch*
Maria Rossiter-Thornton, RN, Toronto ON
 17. • *Spirituality: what does it mean?*
Gail Fox, BA, MTS, MDiv, Toronto ON
• *Media violence: growing crisis in health*
Rose Dyson EdD, Toronto ON
 18. • *Meditation and experience of wisdom*
Scott Thompson MDiv, New York NY
• *Vocal art of healing*
Honey Novick, Toronto ON
- Daylong workshops A & B continue**
- 15.30 **Refreshment Break**
- 16.00 Plenary: Rabbi Jerry Steinberg MAHL, Toronto
Regression to distant perceptions: past life regression therapy
- 16.45 Closing and musical sacred ritual
Beverly Glenn Copeland

Saturday October 26, 2002

Medical Sciences Building – McLeod Auditorium

- 8:00 Chi gong; Yoga: Meditation
8:15 Registration
- 9:00 **Keynote**
Francis Lu MD, San Francisco CA
**Religion and spirituality:
psychiatry takes a new look**
- 10:00 **Keynote**
Kenneth Porter MD, New York NY
**Healing the dragon: the new paradigm
of integrated spirituality and psychotherapy**
Speaker of the Royal College of Physicians
and Surgeons of Canada,
Region 3 Advisory Committee
- 11:00 **Refreshment Break**
- 11:30 Parallel Sessions: Select one:
20. *Neurobiology & metaphysics of enlightenment*
Stephen Sagar MBBS, Hamilton ON
 21. *Spiritual care of the professional caregiver*
Rev. Anne Simmonds BScN DMin, Toronto
 22. *Gentle Wind Project: restoring quality
of life for medical /psychological problems*
Mary Miller MSW, LICSW New York NY
 23. *Spiritual healing – key to tomorrow's health?*
Bruno Gröning healing method
Matthias Kamp MD, Hamburg Germany
 24. *How to get there: hypnosis, mesmerism,
prayer & meditation*
Sam Yoshida MD, Windsor ON
 25. *Creativity and spirituality
as a wellspring of healing*
Ana Bodnar EdD CPsych, Toronto ON
 26. *Hindu tradition:
Yogic paths & the kundalini process*
Linda Greischel LCSW, San Diego CA
 27. *Spiritual Transcendence: Return to
wholeness: the experience of breast cancer*
Ruth Benor, RN RM Cert Ed. Devon, England
 28. *Enneagram for personal growth
and primary care*
David Knox MD, Orangeville ON
 29. *Reiki Healing*
Mark Long MEd, Toronto ON
 - C. *The Labyrinth: a healing space*
Karen Marks RN, Whitby ON
- 12:30 **Buffet Lunch**

- 13:30-15:00 Parallel Sessions - Select one.
30. *Kundalini & the mystical path: yogic model
of psychotherapy and spiritual deepening*
Yvonne Kason MD, Toronto ON
 31. *Going within: ASIST technique to access
non-conscious mind upon request*
John Rossiter-Thornton MD, Toronto ON
 32. *How to conduct a past life regression session*
Rabbi Jerry Steinberg, MAHL, Toronto ON
 33. • *Healing healthcare: vision of the future
role of spiritual care in healthcare*
Rev Jonathan Ellerby PhD, Winnipeg, MB
• *Compassionate medicine:
Buddhist approach to primary health care*
Steven Aung MD, PhD, Edmonton, AB
 34. • *Dowsing: a way of accessing intuitive
wisdom and assistance for healing*
Joan De New, Hamilton ON
• *Diagnosing in the spiritual domain:
Process, pitfalls and potential*
Elizabeth Hood RN, MSN, Grande Prairie AB
 35. • *Creative writing as a form of prayer:
A short story called Leonard*
Rev. Cullene Bryant, MDiv DMin, Vancouver BC
• *Life as a tetrahedron: a new model
for creating connection to authentic self*
Enrico Wensing DDS & C. Shirran, Toronto
 36. • *Spiritual dimensions of health
and healing: muscle testing*
Rica Gerhardt, Ashton ON
• *Non-rational knowledge that is healing*
June Zelonka MEd, Toronto ON
 37. • *A systematic analysis on religious
variables in the C. J. of Psychiatry 1977-2001*
Gene Marcoux MD, Saskatoon SK
• *Objectivity and relationship in medicine*
Ann Sirek MD, Kitchener ON
 38. • *Spiritual value of retreat programming
for people living with cancer*
Maureen Angen PhD, Calgary AB
• *Religious and spiritual supports used
by women with breast cancer*
Sue Wilson, Waterloo ON
 39. • *Bonding and essence: The feminine
in spiritually-oriented body-psychotherapy*
Liliana Acero PhD, Buenos Aires, Argentina
• *A new path through adolescence: gifts
of addiction, abuse, depression & disorders*
Hilary Van Welter, BA, RM, Newmarket ON
 - D. *The Labyrinth: a healing space*
Karen Marks RN, Whitby ON
(Parallel Session C repeated)

15:00

Refreshment Break

15:30-16:30 Parallel Sessions- Select one:

40. *Mobilizing the ninth consciousness – the power to heal*
Evelyn Wolff MD, Toronto ON
41. *Learning to trust your intuition*
Larry Nusbaum MD, Toronto ON
42. *Therapeutic touch: a Christian Perspective*
Peg Earle MDiv, Toronto ON
43. *Mindfulness meditation-based stress reduction groups*
Jaga Iwanowska MD, Toronto ON
44. *Yoga, psychotherapy, and children*
Marilyn Rossner PhD, EdD, Montreal QU
45. *Working with "theological worlds" in the therapeutic setting*
Susan Coldwell, Fall River NS
46. *Christian medical model: integrating spirituality, medicine and psychotherapy.*
Kenneth Fung MD, Toronto ON
47. *Medical qigong in today's world of healthcare*
R. Jay Lynch DC, Holyoke MA
48. *An interdisciplinary, province-wide practice guideline for spiritual care*
Sue Morrison, RN, MN, Halifax NS
Don Schipton, MTh, MDiv, Halifax NS
49. • *Charting a process: lived spiritual experiences*
Judith Gould, Toronto ON
• *Eternal presence: ritual & retreat work with bereaved mothers*
Susan Hendricks, MLS MEd, Oshawa ON
- E. *The Labyrinth: a healing space*
Karen Marks RN, Whitby ON
(Parallel Session C repeated)

16:30 Plenary: Mary Vachon RN PhD, Toronto ON
Cancer and bereavement as spiritually transformative experiences

17:15 Musical closing
Nick Moore MD & Sharon Moore, Toronto ON
From and for the Soul
Larry Nusbaum MD, Toronto ON

Sunday October 27, 2002

Medical Sciences Building - McLeod Auditorium

8:00– 8:45 Chi Gong; Yoga; Meditation

8:30-9:00 Registration

9:00-10:00 **Keynote:**
Noel Knockwood BA,
Micmac Elder, Nova Scotia
Native Spirituality, Ceremonies & Healing

10:00-11:00 **Plenary:** Graeme Cunningham MD, Guelph ON
Spirituality and Recovery from Addictions

11:00-11:30 **Refreshment break**

- 11:30-12:30 Parallel Sessions- Select one.
50. *Places of worship in a multicultural setting*
Chandrakant Shah MD, Toronto ON
51. *Aboriginal spirituality and medicine: protocols, projects, and possibilities*
Rev. Jonathan Ellerby PhD, Winnipeg MB
52. *Psychosynthesis and the human imagination: figments of reality*
Scott Thompson MDiv, MS, NCC, New York NY
53. *Children as healers- promoting recovery of children in hospitals*
Hilary Van Welter, BA, RM, Newmarket ON
54. *Sound and healing of an inspired drum-healing workshop*
Jeannette McCullough RN, Toronto ON
55. *Healing your heart by changing your mind*
Jeffrey L. Gurian, DDS, PC, New York NY
56. *Psychospiritual practices from the prayer of the heart: a case study.*
Olga Loutchakova MD, PhD, Palo Alto CA
57. *Remembering what you love can guide your life*
Larry Nusbaum MD, Toronto ON
58. • *Practice of the presence of God for terminally ill*
Piotr Rajski, MA, Edmonton AB
• *Nurses knowledge and attitudes towards parish nursing and spiritual care*
Diana Pallen RN, Karen Maddox RN, Pat Sevean RN, Debbie Grant RN, Thunder Bay ON
59. *Peace or conflict: attitudinal healing/ a course in miracles*
Trish Rossiter RN, Ottawa ON

12:30-13:30 **Buffet Lunch**

**Abstracts describing poster presentations and all workshops may be viewed on the conference website:
www.cme.utoronto.ca/spirituality**

continued on overleaf

Conference program

...Sunday continued

13:30-15:00 Parallel Sessions: Select one.

60. *Integrated spirituality and psychotherapy*
Kenneth Porter MD, New York NY
61. *Shamanic spirituality*
Don Evans, BA BD DPhil DD, Toronto ON
62. *Sufism and personal transformation*
Paul Leger MD, Peterborough ON &
Patricia Rockman, Santa Cruz CA
63. • *Light the fire: a unique approach to boosting the human spirit*
Kate Noble & Sally Glover, Nelson BC
• *Write that book- the book coach guiding you from inspiration to action*
Serena Williamson, Ottawa ON
64. • *The chakra system as a symbolic map of psycho-spiritual growth*
Lawrence Edwards PhD, New York NY
• *Reiki and psychotherapy*
Mark Long MEd, Toronto ON
65. • *Essential healing arts: exploring tools and healing states in indigenous traditions*
William Sutherland BSc, Toronto ON
• *Emotional freedom technique: a scientific breakthrough*
Sharon Cass Toole PhD, Toronto ON
66. • *Practical spirituality program: rendering God user-friendly*
Susan Buscemi BA, EMT, Montreal QU
• *The Miriam Dobell Healing Centre: for Christian Healing*
Rev. S. Anderson MDiv, Toronto ON
Carol Musselman PhD, Toronto ON
67. • *Sacred rituals- an integral part of death, dying and bereavement*
Joanne Avery, MSW, RSW and
Gail Fox, MTS MDiv, Toronto ON
• *Assessing spiritual needs and gifts of stroke patients and their care-givers*
Rev. Robert Devenny BA MDiv, Scotland
68. • *In the face of suicide: Where is spirituality?*
Tifrah Warner PhD, Toronto ON
• *Therapeutic interventions in grief and bereavement: a Jewish perspective*
Dr. Norman Berlat, Toronto ON
• *Effect of study of Torah and Haftarah in healing after loss*
Rena Arshinoff, RN MHSc, Toronto ON

69. • *Spirituality program impact on well-being, quality of life: randomized controlled trial*
Sabine Moritz MSc & Badri Rickhi MBBS, Calgary AB
• *Patient expressed priorities for spiritual care in 53 patients with cancer*
Glenn Jones MSc, Hamilton ON
• *Types of Religious involvement, well-being and distress: Nat'l Pop. Health Survey 1996*
Ron Griffin PhD & Marilyn Baetz MD
Saskatoon, SK
• *Therapeutic presence study: Bringing one's whole self to the encounter*
Shari Geller PhD, Toronto ON

15:00-15:30 **Refreshment Break**

15:30-16:30 Parallel Sessions: Select one:

70. *Gain control by letting go*
Eli Bay BA, Toronto ON
71. *An integrated model of care in community: an Anglican perspective*
Barbara Caiger RN, Rev Linda Nicholls MDiv & Catherine Broughton MD, Toronto ON
72. *Peak states of consciousness: theory and applications*
Rev. Grant McFetridge MS, & Mary Pellicer MD, Victoria BC
73. *Awakening kundalini energy: Three transformational experiences*
Marcel Lafleur BA, Kawartha Lakes ON
74. *Women celebrating spirit: a group work model for use with marginalized women*
Lisa Zigler & R. Pelshea, Toronto ON
75. *Demonstrating spirituality in medicine: spirituality as science and experience*
John J. Heney BJ MA, Ottawa ON
76. *Principles of spiritual wellness: integrating transpersonal in practice*
Beth Hedva PhD, Calgary AB
77. *Dance meditation: Butterfly-Galli method in healing*
Tatjana Maya MD, Vancouver BC
78. *Storytelling & a sense of self in community*
R. Stothers MPE & L. Hutt EdD, Kamloops BC
79. *Redeeming the sociopath: use of Jewish wisdom in psychotherapy*
Annette Poisner MSSW, Toronto ON

16:30 Closing panel – Q & A

17:00 Closing multifaith sacred ritual

Keynote speakers

Noel R. Knockwood BA - Mi'kmaq Elder; Sergeant-at-Arms for the Nova Scotia Legislature; Former Special Advisor to the Commissioner on Native Affairs, Correctional Services Canada; Former Director, Micmac Learning Centre, Halifax; Recipient of 2002 National Aboriginal Achievement Award; Nova Scotia.

Francis G. Lu MD - Professor of Clinical Psychiatry, University of California San Francisco; Director, Cultural Competence and Diversity Program, Department of Psychiatry, San Francisco General Hospital; Founder, Asian/Pacific American Psychiatric Inpatient Program; Co-author of proposal for DSM-IV diagnostic category "Religious or Spiritual Problem"; San Francisco CA, USA

Kenneth Porter MD - Co-Director, Center for Spirituality and Psychotherapy, New York, associated with the National Institute for the Psychotherapies; Former Assistant Clinical Professor of Psychiatry, Columbia College of Physicians and Surgeons; Co-Founder, Eastern Group Psychotherapy Training Program; Practice leader, New York Insight Meditation Center; New York NY, USA.

Featured speakers

Alastair Cunningham PhD, PhD, CPsych, Professor of Medical Biophysics and Psychiatry, University of Toronto; Senior Scientist, Ontario Cancer Institute; author: *Bringing Spirituality into your Healing Journey*, Key Porter Books, 2002; Toronto, Ontario

Graeme Cunningham MD, FRCPC, FASAM, Department of Psychiatry, McMaster University, Hamilton; Director, Homewood Hospital Addiction Division, Guelph; Vice-President, College of Physicians and Surgeons of Ontario; Chairperson, Section of Addiction Medicine, Ontario Medical Association; Guelph, Ontario.

Rev Don Evans BA, BD, DPhil, DD, Psychotherapist and Spiritual Counselor, Emeritus Professor of Philosophy, University of Toronto; Minister, United Church of Canada; Co-Founder, Institute for Shamanic Psychotherapy, Toronto; author; *Spirituality and Human Nature*; Toronto, Ontario

Yvonne Kason MD, MEd, CCFP, FCFP, Family Physician and Psychotherapist, Department of Family & Community Medicine, University of Toronto; Founder & Co-Chair, Spirituality in Health Care Network; Board member, Kundalini Research Network; author: *Farther Shores: Exploring how Near-Death, Kundalini and Mystical Experiences can Transform Ordinary Lives*, HarperCollins Canada 2000; Toronto.

Stephen Sagar MB BS, MRCP, FRCPC, Oncologist, McMaster University, Hamilton; Board member, Wellwood Resource Centre; Founding director, Complementary Medicine Section, Ontario Medical Association; author: *Restored Harmony: An Evidence Based Approach for Integrating Traditional Chinese Medicine into Complementary Cancer Care*, Dreaming Dragon Communications; Hamilton, Ontario

Chandrakant Shah MD, FRCPC, SM, DCH, MRCP, FAAPM, Emeritus Professor, Department of Public Health Sciences and Health Policy, Management and Education, University of Toronto; Toronto, Ontario

Rabbi Jerry Steinberg BA, MAHL, Rabbi, Psychotherapist, Former Faculty at University of North Dakota and University of Manitoba; Former Consultant to Government of Canada on Yoga, Meditation and Altered States of Consciousness as an Alternative to Problems of Drug Abuse; author: *Melting: Poems of a Frozen Man*, ECW Press; Toronto, Ontario

John Rossiter Thornton MD, FRCPC, Psychiatrist; Former Faculty, Department of Psychiatry, University of Toronto; Co-Chair, Spirituality in Health Care Network, Toronto, Ontario

Mary L.S. Vachon RN, PhD, Psychotherapist, Departments of Psychiatry and Public Health Sciences, University of Toronto; Clinical consultant, Wellspring; Toronto, Ontario

Conference planning committee

Yvonne Kason BSc(med), MD, MEd,
CCFP, FCFP – Conference Chair
Mary Vachon RN, BS, MA, PhD
–Conference Associate Chair
Eli Bay BA
Liz Chappel
Rev. Douglas Graydon BScI, MDiv, MEd,
Bernard Marlow MD, CCFP, FCFP,
Mimi Marrocco MA, PhD
Maria Rossiter Thornton RN
Rabbi Jerry Steinberg BA, MAHL
Chandrakant Shah MD, FRCPC,
Rev. Anne Simmonds BScN, MDiv, DMin
Rev. Ted Reeve BA, MDiv, ThM. THD
John Rossiter Thornton MD, FRCPC
Stephen Sagar BSc(hons), MB, BS,
MRCP, FRCPC
John Toews MD, FRCPC, FAPA
Evelyn Wolff MD

Financial supporters*

The planning committee gratefully acknowledges the following support for the Second Canadian Inter-professional Conference on Spirituality and Health Care:

Benefactors: (\$1,000 or more):

Lassonde Family Foundation

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 - Spirituality in Health Care Network
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- Elizabeth Theis
 - Susan Freeman

*The Royal College of Physicians and Surgeons of Canada, Region 3 Advisory Committee, has contributed to the sponsorship of our meeting through a continuing education grant.

Donations

If you would like to make a tax deductible donation to the University of Toronto in support of this conference, please consult the fundraising page on the conference website. All sponsors will be acknowledged in the conference syllabus.

Conference location

The conference takes place at two different locations on the U. of Toronto campus:

Friday, October 25, 2002:

Hart House, 7 Hart House Circle, St. George Campus, University of Toronto.

Saturday, October 26 & Sunday, October 27

J.J.R. McLeod Auditorium, Medical Sciences Building, 1 King's College Circle, St. George Campus, University of Toronto.

The University of Toronto is located in downtown Toronto, close to the subway at Museum Station on the University Spadina Line. Hart House is an approximate 5 minute walk from the subway.

Parking

Parking is available on the University Campus on weekends at a current flat rate of \$4.50 per day. There are spaces around King's College Circle as well as at other nearby outdoor lots. Parking is limited on the University Campus on weekdays but is available nearby for \$15 to \$20 a day.

Inquiries

Office of Continuing Education
Faculty of Medicine,
University of Toronto
500 University of Toronto, Suite 650
Toronto, Ontario M5G 1V7
Phone: 416.978.2719
Toll-Free: 1.888.512.8173
Fax: 416.971.2200
Website: www.cme.utoronto.ca/spirituality
Email: ce.med@utoronto.ca

Accommodations

Limited blocks of rooms are being held at the following hotels. Please contact the appropriate hotel reservations department stating: "University of Toronto Spirituality and Health-care Conference" to receive the preferred rates noted below. Rooms at conference rates will be available until the respective bedroom blocks fill OR until Sept. 24, 2002, whichever comes first. Please reserve early to avoid disappointment.

Intercontinental Hotel

220 Bloor St. West
Phone: 416.960.5200 Fax: 416.324.5920
Web: www.interconti.com
Conference rates: \$199 single/double
10-15 min. walk to the conference

Toronto Marriott Bloor Yorkville

90 Bloor St. East
Phone: 416.961.0000 Fax: 416.961.9581
Tollfree: 800.859.7180
Web: www.marriotthotels.com
Conference rates: \$169. single/double
20-30 min. walk to the conference

Quality Hotel Midtown

280 Bloor St. West
Phone: 416.968.0010 Fax: 416.968.7765
Web: www.choicehotels.ca
Conference rates: \$125. single/double
10-15 min. walk to the conference

Accreditation

This program has been approved for MAIN-PRO-M1 Credits by the College of Family Physicians of Canada on an hour -for-hour basis. (maximum of 17 credit hours).

This program has been reviewed for up to 17 hours Prescribed hours by the American Academy of Family Physicians.

The Continuing Education Office of the Faculty of Medicine, U of T designates this education activity for a maximum of 17 credits hours in Category 1 of the Physician's Recognition Award of the American Medical Association. Each physician should claim only those hours that he or she actually spent in the educational activity. This program is approved as an Accredited Group Learning Activity under Section 1 of the Framework of CPD Options for the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada (17 hours).

Potential conflict of interest

Speakers will be requested to disclose to the audience any real or apparent conflict(s) of interest that may have a direct bearing on the subject matter of their program.

Audiotaping

Most presentations at the conference will be audio taped. Tapes will be available for purchase from the recording company, Audio Archives during the conference. Tapes may be ordered post-conference by contacting Audio Archives at 905.889.6555 or e-mail: archives@direct.com.

Book Sellers' Display

Visit the bookseller's display during the conference to view and purchase books related to the conference tapes, and authored by the presenters.

Cancellations

Refunds will be issued for cancellations received before October 11, 2002. A processing fee of \$35 will be retained on all cancellations. Requests for refunds must be in writing. Registrations are not transferable.

Map and directions

Registrants will be mailed a map, suggested parking and TTC information with their receipts.

Name: _____
 Street address: _____
 City: _____
 Province/state: _____
 Postal code: _____
 Day phone: _____
 Fax: _____
 Email address: _____

Registration fee
 (includes Saturday and Sunday lunches, refreshments & syllabus)

<u>FULL FEES</u>	<u>SPECIAL FEES*</u>
() 3 days: \$295	() 3 days: \$200
() 2 days: \$250	() 2 days: \$200
() 1 day: \$125	() 1 day: \$125

* Residents, students, seniors and individuals with special financial needs must provide documentation.

If only attending part of the conference, please check which days you plan to attend: () Fri () Sat () Sun

Payment method:
 () Cheque payable to University of Toronto
 () Bank draft payable to the University of Toronto.
 () VISA
 () MASTERCARD
 Total payment enclosed: _____

All payments to be made in Canadian funds.
POSTDATED CHEQUES WILL NOT BE ACCEPTED

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Signature: _____

To register by mail: (Copy this form for your records)

Please mail this application no later than October 7, 2002 to:
 Continuing Education, Faculty of Medicine
 University of Toronto
 500 University Avenue, Suite 650
 Toronto, Ontario M5G 1V7
 Telephone: 416.978.2719
 Toll-Free: 1.888.512-8173 (N. America Only)
 E-mail: ce.med@utoronto.ca

To register by fax:
 Fax: 416.971.2200 (for credit card registrations only)

Space is limited. Register early to avoid disappointment.
Cancellation policy: Refunds will not be issued for cancellations received after Oct 11, 2002. A processing fee of \$35 will be retained on all cancellations. Registrations are not transferable.

Concurrent sessions: You may attend only 1 session per time slot. Due to space limitations, we cannot guarantee your selections. Please circle your 2 choices for each time slot and put a "1" beside your preferred choice.

- | | |
|---|---|
| <p>Friday 11:15 - choose 2:</p> <ol style="list-style-type: none"> 1. Prayer for your practice 2. Living with HIV/AIDS 3. Putting touch back into caring 4. Dance with Spirit 5. Spiritual discernment 6. Yoga applications 7. Focusing and spirituality 8. Power of forgiveness A. Mental health, mental illness B. Emotional Freedom Technique <p>Friday 14:00 - choose 2:</p> <ol style="list-style-type: none"> 10. Healing in cancer 11. • Art & science of meditation
• Being self-transcending 12. • Reiki: an aid to awareness
• Spirituality in rehabilitation 13. • Satir therapy
• Prodromal dreams 14. • Spiritual healing meditation
• An experience of depression 15. • Christian Science healing
• Holistic healthcare 16. • Taking a spiritual history
• Spritual therapeutic touch 17. • Spirituality: what it means?
• Media violence: health crisis 18. • Meditation & wisdom
• Vocal art of healing <p>Saturday 11:30 - choose 2:</p> <ol style="list-style-type: none"> 20. Neurobiology & metaphysics 21. Care of the caregiver 22. Gentle Wind Project 23. Bruno Gröning method 24. Hypnosis, mesmerism, prayer 25. Creativity and healing 26. Yogic paths & kundalini 27. Spiritual transcendence 28. Enneagram for primary care 29 Reiki healing C. The Labyrinth <p>Saturday 13:30 - choose 2:</p> <ol style="list-style-type: none"> 30. Kundalini: the mystical path 31. ASIST Technique 32. Past life regression 33. • Healing healthcare
• Compassionate medicine 34. • Dowsing & intuitive wisdom
• Diagnosing in the spiritual 35. • Creative writing as prayer
• Life as a tetrahedron 36. • Spiritual healing dimensions
• Non-rational knowledge 37. • Religious variables
• Objectivity and relationship 38. • Retreat programming
• Religious & spiritual supports 39. • Feminine body-therapy
• Adolescence: a new path D. The Labyrinth (repeat of C) | <p>Saturday 15:30 - choose 2:</p> <ol style="list-style-type: none"> 40. The 9th consciousness 41. Trusting your intuition 42. Therapeutic touch 43. Mindfulness stress reduction 44. Yoga, psychotherapy & kids 45. Theological worlds 46. Christian Medical Model 47. Medical Qigong in healthcare 48. Practice guidelines 49. • Lived spiritual experiences
• Bereaved mothers E. The Labyrinth (repeat of C) <p>Sunday 11:30: choose 2:</p> <ol style="list-style-type: none"> 50. Multicultural places of worship 51. Aboriginal spirituality 52. Psychosynthesis & imagination 53. Children as healers 54. Inspired drum-healing 55. Healing by changing your mind 56. Prayer of the heart 57. Remembering what you love 58. • Presence of God
• Parish Nursing 59. Peace or Conflict <p>Sunday 13:30 - choose 2:</p> <ol style="list-style-type: none"> 60. Integrated spirituality 61. Shamanic spirituality 62. Sufism and transformation 63. • Light the fire to boost spirit
• Write that book 64. • Chakra system as a map
• Reiki and psychotherapy 65. • Indigenous healing traditions
• Emotional Freedom Technique 66. • God as user-friendly
• Miriam Dobell Centre 67. • Sacred rituals
• Spirituality and stroke 68. • In the face of suicide
• Grief: Jewish therapy
• Loss: Torah & Haftarah 69. • Spirituality program impact
• Patient-expressed priorities
• Religious involvement
• Whole-self encounter <p>Sunday 15:30 - choose 2:</p> <ol style="list-style-type: none"> 70. Gain control by letting go 71. An Anglican model of care 72. Peak states of consciousness 73. Awakening Kundalini Energy 74. Women celebrating spirit 75. Demonstrating spirituality 76. Spiritual wellness 77. Butterfly-Galli method 78. Storytelling, self & community 79. Redeeming the sociopath |
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