

PROGRAM

5th International Psycho- immunology & Psychobiology Research Symposium

Hosted by the Institute for the Study of Peak States

Løsning, Denmark

July 31-Aug 3, 2024

Note: the schedule can change anytime!

(Click or swipe to see the schedule and talk descriptions)

Schedule for public symposium and therapist events

	July 30	July 31	Aug 1	Aug 2	Aug 3	Aug 4
7-8 CEST	Arrival and set up	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
8-10 CEST	Arrival and set up	Online Public zoom talks	Online Public zoom talks	Online Public zoom talks	Online Public zoom talks	Pack and depart
10-13 CEST	Arrival and set up	Online therapist event	Online therapist event	Online therapist event	Unstructured day	Pack and depart
13-14 CEST	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
14-17 CEST	Arrival and set up	Online therapist event	Online therapist event	Online therapist event	Unstructured day	Pack and depart
17-18 CEST	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
18-19 CEST	Arrival and set up	Online therapist event	Online therapist event	Online therapist event	Unstructured day	Pack and depart

Tue July 30, 2024

Arrive and setup day

Welcome to set-up day!

This is a get-together of therapists, students, and interested laypeople at Leif Pedersen's home in Løsning, Denmark.

People arrive today, get picked up from the airport, train, or bus, and set up their gear. Most people will be camping on the lawn, or using mattresses in the dome and house. Meals are communal - we'll be setting up basic tasks like dishes or cooking today.

The symposium starts tomorrow on zoom. For our colleagues and students from around the world, there will also be workshops and socializing time via zoom. We hope you can join us!

The venue is at Leif Pedersen's home in Løsning, Denmark



Symposium: Wednesday July 31, 2024

Time	Topic	Presenter
8-8:10am CEST	Welcome and logistics	Shayne McKenzie, CEO
8:10-8:30 CEST	Institute highlights 2023/2024 “Planning for the future”	Shayne McKenzie, CEO
8:30-9am CEST	Business risks and opportunities with psycho-immunology	Shayne McKenzie CEO
9-9:30am CEST	Phase 2 clinical trials using psychoimmunology treatments	Kirsten Lykkegaard DVM Mary Pellicer MD Grant McFetridge PhD
9:30-10am CEST	A presenters roundtable with public questions “Clinical trials - then what? Managing therapist expectations”	All presenters

Daily schedule: Wed July 31, 2024

Time	Topic	Audience
7-8am CEST	Community breakfast	
8-10am CEST	Symposium in person and via zoom	All
10-11am CEST	break time	
11-12am CEST	How will the different clinic processes work? by Shayne	Students, grads, and certified
12-1pm CEST	Community lunch	
1-2pm CEST	Safety testing	In house: certified therapists only
2-3pm CEST	Safety testing (continued)	
3-4pm CEST	TBD	
4-5pm CEST	TBD	
5-6pm CEST	Community dinner	
6-7pm CEST	TBD	

Symposium: Thursday Aug 1, 2024

Time	Topic	Presenter
8-8:30am CEST	Case study: Chronic Lyme Disease treatment using psychoimmunology	Amy Zook Mary Pellicer MD
8:30-9am CEST	Case study: Traumatic Brain Injury (TBI) treatment using psychoimmunology	Leif Pedersen Shayne McKenzie CEO
9-9:30am CEST	Phase 1 clinical trials: Are we having fun yet? Being volunteer guinea pigs	Applied research staff
9:30-10am CEST	A presenters roundtable with public questions “Physical clinics - rolling treatments out into the world”	All presenters

Daily schedule: Thur Aug 1, 2024

Time	Topic	Audience
7-8am CEST	Community breakfast	
8-10am CEST	Symposium in person and via zoom	All
10-11am CEST	break time	
11-12am CEST	'Therapist and clinic support issues' by Shayne	Students, grads, and certified
12-1pm CEST	Community lunch	
1-2pm CEST	Safety testing	In house: certified therapists only
2-3pm CEST	Safety testing (continued)	
3-4pm CEST	Self-talk vs. 'voices' by Kirsten	Students, grads, and certified
4-5pm CEST	Shattered crystals by Michael St. John	In house: certified therapists only
5-6pm CEST	Community dinner	
6-7pm CEST	TBD	

Symposium: Friday Aug 2, 2024

Time	Topic	Presenter
8-8:30am CEST	A presenters roundtable with public questions “Priorities: other major diseases in the testing pipeline”	All presenters
8:30-9am CEST	A presenters roundtable with public questions “Priorities: other major diseases in the testing pipeline”	All presenters
9-9:30am CEST	“Connected in autonomy”	Georg Parlow

Thanks for joining us for this 2024 symposium. See you next year!

Daily schedule: Friday Aug 2, 2024

Time	Topic	Audience
7-8am CEST	Community breakfast	
8-10am CEST	Symposium in person and via zoom	All
10-11am CEST	break time	
11-12am CEST	The crazy early days: Nemi reflects on the years past	Students, grads and certified
12-1pm CEST	Community lunch	
1-2pm CEST	Safety testing	In house: certified therapists only
2-3pm CEST	Safety testing (continued)	
3-4pm CEST	Projections: A never-ending play, by Amy & Julien	Students, grads, and certified
4-5pm CEST	Fixing gene bypasses by Julien	in house
5-6pm CEST	Community dinner	
6-7pm CEST	TBD	

Daily schedule: Sat Aug 3, 2024

Unstructured day

Today we're going to have a more relaxed day.

We are considering a trip to Kirsten's beach shack!

Sunday Aug 4, 2024

Time to head for home...

Today we're all packing up and heading for home. Those of you who need a ride to the airport, bus, or train will be driven to where you need to go.

We hope all the people who attended physically, or via zoom had a great time!

Thanks for being part of this adventure of moving psycho-immunology out into the world.

Goodbye for now!

Institute highlights 2023/24

“Planning for the future”

- Time: 8:10-8:30am CEST, Wed July 31, 2024
- Presenter: Shayne McKenzie, CEO (Australia)
- **Description:** The Institute for the Study of Peak States is first and foremost a research organization. Over the past 4.5 years, we have made many significant research breakthroughs, particularly in the psycho-immunology field. This short presentation will highlight some of the key moments that have made the development of new psycho-immunology treatments possible.
- **Bio:** Shayne is a people focused executive leader contributing to a transformation in how health care and psychological treatments will be delivered. He is passionate about optimal health and wellbeing, and thoroughly enjoys assisting others significantly improve their relationships, physical health, or emotional quality of life. Before joining the Institute he worked for a global strategy consulting firm and held a number of HR and Talent Management roles.
- **Affiliations:** Shayne McKenzie is the CEO, Clinic Director, and Training Director of the Institute for the Study of Peak States.
- **Website:** <https://www.peakstates.com/projects.html>



“Business risks and opportunities with psycho-immunology”

- Time: 8:30-9am CEST, Wed July 31, 2024
- Presenter: Shayne McKenzie, CEO (Australia)
- **Description:** This talk is about some of the intellectual property issues that arise in the new field of psychoimmunology as applied to major medical diseases.
- **Bio:** Shayne is a people focused executive leader contributing to a transformation in how health care and psychological treatments will be delivered. He is passionate about optimal health and wellbeing, and thoroughly enjoys assisting others significantly improve their relationships, physical health, or emotional quality of life. Before joining the Institute he worked for a global strategy consulting firm and held a number of HR and Talent Management roles.
- Affiliations: Shayne McKenzie is the CEO, Clinic Director, and Training Director of the Institute for the Study of Peak States.
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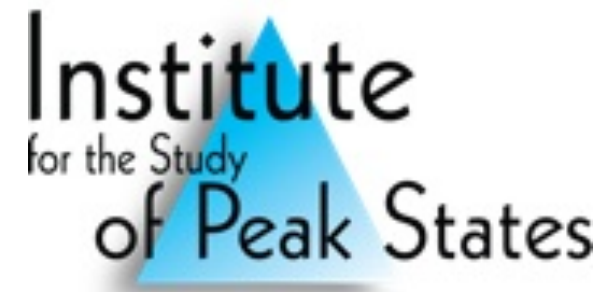
“Phase 2 clinical trials using psychoimmunology treatments”

- **Time:** 9-9:30 CEST, Wed July 31, 2024
- **Presenters:** Kirsten Lykkegaard DVM PhD (Denmark), Mary Pellicer MD (USA), Grant McFetridge PhD (Canada)
- **Description:** This is about the ups and downs of testing psychoimmunology treatments for serious mental and physical disorders.
- **Bio:** Dr Pellicer is the Medical Director for Applied Research, Dr. Lykkegaard is the Research Director, and Dr. McFetridge is the founder and emeritus director of the ISPS.
- **Website:** <https://www.peakstatetherapy.com/pellicer.php>



Roundtable discussion: “Clinical trials - then what? Managing therapist expectations”

- Time: 9:30-10 CEST, Wed July 31, 2023
- Presenter: ISPS staff
- **Description:** We will start the roundtable with a short recap of the problem of therapist expectations, then throw it open for discussion by the presenters. This gives you, the listener a chance to call or type in questions. You can address specific presenters or ask anyone to respond.
- **Bio:** Most of the presenters are staff at the Institute for the Study of Peak States, doing trauma, psychobiology, and psycho-immunity research, teaching, and treatments.
- **Website:** www.PeakStates.com



Case study: Chronic Lyme Disease treatment using psychoimmunology

- Time: 8:00-8:30 CEST, Thursday Aug 1, 2024
- Presenters: Amy Zook (USA); Mary Pellicer MD (USA)
- **Description:** Amy, a chronic Lyme sufferer, will describe her symptoms and her experience using our current psychoimmunology treatment for the disease. Mary, one of the treatment developers, will guide the discussion and talk about developing the treatment.
- **Bio:** Amy Zook is a volunteer involved with Phase 1 clinical trials of new psychoimmunology treatments. Mary Pellicer, MD is the Medical Director for Applied Research for the Institute for the Study of Peak States, and co-developer of this new Lyme treatment. We've been working on getting an effective, stable treatment for over 6 years.
- **Website:** <https://www.peakstatestherapy.com/pellicer.php>



Case study: Traumatic Brain Injury (TBI) treatment using psychoimmunology

- Time: 8:30-9am CEST, Thursday August 1, 2024
- Presenters: Leif Pedersen (Denmark), Shayne McKenzie CEO (Australia)
- **Description:** Leif describes the results of the treatment on his TBI. Shayne covers the development of this new treatment.
- **Bio:** Shayne is the CEO of the Institute. His passion is in bringing the new psychoimmunology (PI) disease treatments out into the world.
- Website: www.PeakStates.com



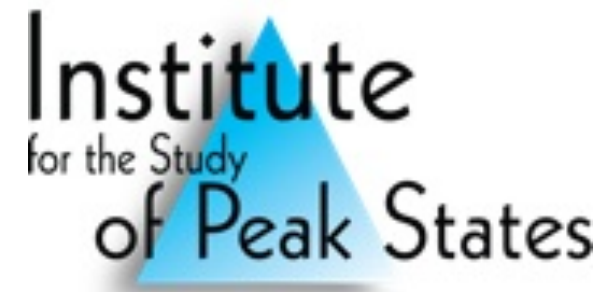
“Phase 1 clinical trials: Are we having fun yet? Being volunteer guinea pigs”

- **Time:** 9-9:30am CEST, Thursday Aug 1, 2024
- **Presenters:** The ISPS applied research team
- **Description:** Personal storied from the six man team who alpha tests our potential disease treatments.
- **Bio:** The applied research team members are: Lailah Johansson, Julien *Roux*, Gaetan Klein, Leif Pedersen, Thomasz Stegliński, Amy Zook
- **Website:** www.PeakStates.com



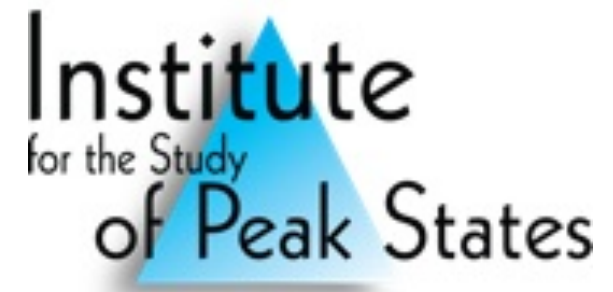
Roundtable discussion: “Physical clinics - rolling treatments out into the world”

- Time: 9:30-10am CEST, Thursday Aug 1, 2024
- Presenter: All presenters
- **Description:** We will start the roundtable with a short discussion of how we intend to start medical client treatment, then throw it open for discussion by the presenters. This gives you, the listener a chance to call or type in questions. You can address specific presenters or ask anyone to respond.
- **Bio:** Most of the presenters are staff at the Institute for the Study of Peak States, doing trauma, psychobiology, and psycho-immunity research, teaching, and treatments.
- Website: www.PeakStates.com



“Roundtable discussion: Priorities - other major diseases in the testing pipeline”

- Time: 9:30-12:0am CEST, Friday Aug 2, 2024
- Presenter: All presenters
- **Description:** We will start the roundtable with a sort discussion of how and why we set priorities, then throw it open for discussion by the presenters. This gives you, the listener a chance to call or type in questions. You can address specific presenters or ask anyone to respond.
- **Bio:** Most of the presenters are staff at the Institute for the Study of Peak States, doing trauma, psychobiology, and psycho-immunity research, teaching, and treatments.
- Website: www.PeakStates.com



“Connected in autonomy”

- Time: 9-9:30am CEST, Friday Aug 2, 2024
- Presenter: Georg Parlow, certified therapist
- **Description:** I have "discovered" a peak state, that feels remarkably different if experienced on my own or together with others that simultaneously experience the same state. I am going to describe the state in it's two forms. I will share how I am working with groups of people to enter that state, so we can later target it with x2s. I will share my take on why I feel that particular state seems to be "in the air". I lately met quite a few people who have had glimpses of it, without realizing it's potential.
- **Bio:** Georg is a certified therapist in Austria. He specializes in highly sensitive people, and has written a book on it (in German).
- Website: <https://www.zartbesaitet.net/>



The 5th annual psychoimmunology and psychobiology symposium has now ended

Thanks for joining us! Hope to see you next year!

The ISPS staff

