

4th International Psycho-immunology & Psychobiology Research Symposium

Europe summer 2023

Unnoticed by most, a quiet revolution is happening in the emerging field of psycho-immunology. This cross-discipline approach has all the earmarks of a disruptive technology - working on both chronic and acute illnesses, it promises to be fast, effective, simple, inexpensive, and without costly technology. This new approach can also be used to discover causes for diseases of unknown etiology.

"Almost every significant breakthrough is the result of a courageous break with traditional ways of thinking."

~ Stephen Covey

The intent of this *informal* symposium is to move the practice and science behind psycho-immunology and psychobiology forward. We invite researchers (and the public) who are passionate about this area together to share data, techniques, models, and results; and to form new friendships and collaborations in an intimate and lively venue.

We'll also be talking about the nature of breakthrough research, and the ways and difficulties in moving this new area of research into academia, mainstream medicine, and widespread use.

Our venue is in Europe this year

We have not yet finalized the venue. Check back to <u>our website</u> for location, times, and housing.

Dates, times, & program schedule

The symposium will be Saturday, on Zoom, for only one day. The in-person portion of the conference for therapists trained by the Institute will be for several more days. Click here to see <u>the preliminary schedule</u>.

"The problem is, in the absence of some new entrants into an industry, you don't have that inner force for innovation. It is really new entrants that drive innovation more than anything." - Elon Musk

A free symposium - Signup here

There are no fees for attending this symposium. To register for this symposium on Zoom, go to the website to sign up. It is free and open to the public.

What background do I need?

This symposium is ideal for MDs, PhDs and other researchers passionate about the field of psychobiology and psycho-immunology. Therapists and the lay public might find the specific applications of particular interest too.

"The validity of a science is its ability to predict."

Harry Schwartzberg, R. Buckminster Fuller

Contact us if you want to present

You can phone us in Canada: +1-250-509-0514, or email Dr. Grant McFetridge at grant@peakstates.com with a suggested title, summary of your proposed presentation, short biography, and a preferred time to present.

For more information

This symposium is being sponsored by the Institute for the Study of Peak States, with offices in Canada, USA, Australia, and the EU. For more information on our research work in psychobiology and psycho-immunology, visit us at www.PeakStates.com.

In 2003, Steve Jobs was asked "If you were 17 years old and starting all over again, what would you put your bets on?" He replied "intellectually, the most exciting thing to me is biosciences".

Partial List of presentations

- "Subcellular psychobiology vs psych-immunology: which is better for treating diseases? Grant McFetridge PhD (Canada).
- The effects of unconscious trauma in daily life Kirsten Lykkegaard DVM, PhD (Denmark)
- Psycho-immunology disease applications Mary Pellicer MD (USA)
- And more...

Previous year symposiums (on YouTube)

To help you know if this symposium is of interest to you, here are a few of the psychobiology applications and theoretical models presented in previous conferences (available free on <u>YouTube</u>):

- The addictive chemical component of Lyme disease
- The psychobiology and treatment of Asperger's syndrome
- Using psychobiology to heal chronic symptoms of traumatic brain injury (TBI)
- The fungal origin and treatment for intrusive thoughts and schizophrenic voices
- The subcellular link between trauma and biology
- Treating pain using psychobiology
- And more ...



"Every important idea in science sounds strange at first."

- Thomas Kuhn