

PROGRAM

6th International Psycho-immunology & Psychobiology Research Symposium

Hosted by the Institute for the Study of Peak States

Online Nov 22-23 2025 (EU & US)
(Onsite Suffolk Park, NSW Australia Nov 23-24, 2025)

(Click or swipe to see the schedule and talk descriptions)

Conference times

(Find your time zone)

“The public symposium talks”

EU (Copenhagen - CET): Nov 22, 7pm - 10pm

Canada (Quebec - EDT): Nov 22, 1pm - 4pm

Canada (Vancouver - PDT): Nov 22, 10am - 1pm

Australia (Sydney - AEDT): Nov 23, 5am - 8am

“Support talks for students and graduates”

EU (Copenhagen - CET): Nov 23, 7pm - 10pm

Canada (Quebec - EDT): Nov 23, 1pm - 4pm

Canada (Vancouver - PDT): Nov 22, 10am - 1pm

Australia (Sydney - AEDT): Nov 24, 5am - 8am

Saturday Nov 22, 2025

“Talks for the public”

PST	Topic	Presenter
19:00 CET (13:00 EDT) (5:00 AEDT)	Welcome and logistics	Shayne McKenzie, CEO
19:10-19:30 CET	Institute highlights 2024/2025	Shayne McKenzie, CEO
19:30-20:00 CET	Treating disease using psychobiology	Kirsten Lykkegaard DVM PhD
20:00-20:30 CET	‘Pay for results’: what it is, and how to use it in your practice	Grant McFetridge PhD
20:30-21:00 CET	Leading our applied research	Mary Pellicer MD Shayne McKenzie CEO
21:00-21:30 CET	A new breakthrough in psychobiology technique applied to Attention Deficit Disorder, vertigo, and more	Kirsten Lykkegaard PhD
21:30-21:45 CET	Using trauma healing for Zen realization	Mary Pellicer MD Kirsten Lykkegaard PhD Grant McFetridge PhD
21:45-22:00 CET	A presenters roundtable with attendee questions (Q&A)	All presenters

Sunday Nov 23, 2025

“Support talks for students and graduates”

PST	Topic	Presenter
19:00 CET (13:00 EDT) (5:00 AEDT)	Welcome and logistics	Shayne McKenzie, CEO
19:10-19:30 CET	New Institute processes & clinics	Shayne McKenzie, CEO & staff
19:30-20:00 CET	“My long journey to becoming a trauma therapy trainer at the Institute for Peak States”	Eduard Sirota
20:00-20:30 CET	“My Associated Awareness: tips and observations from my personal healing”	Julie Bucker
20:30-21:00 CET	Healing trauma through higher vibrational fields of consciousness	Piotr Kawecki
21:00-21:30 CET	Exploring spiritual peak states from the Tantra traditions	Gaëtan Klein
21:30-22:00 CET	A localized Inner Peace: working with the triune brains	Owen Smithyman
22:00-22:30 CET	A presenters roundtable with attendee questions (Q&A)	All presenters

“Talks for the public”

Saturday Nov 22, 2025 EU / US
(Sunday Nov 23, 2025 AUS)

Institute highlights 2024/5

- Time: 19:00 CET / 13:00 EDT, Nov 22, 2025 (5:00 AEDT Nov 23)
- Presenter: Shayne McKenzie, CEO (Australia)
- **Description:** The Institute for the Study of Peak States is first and foremost a research organization. This short presentation will highlight some of the key developments we've made over the last year.
- **Bio:** Shayne is a people focused executive leader contributing to a transformation in how health care and psychological treatments will be delivered. He is passionate about optimal health and wellbeing, and thoroughly enjoys assisting others significantly improve their relationships, physical health, or emotional quality of life. Before joining the Institute he worked for a global strategy consulting firm and held a number of HR and Talent Management roles.
- Affiliation: Shayne McKenzie is the CEO of the Institute for the Study of Peak States.
- Website: www.PeakStates.com



Treating diseases using psychobiology

- Time: 19:30 CET / 13:30 EDT, Nov 22, 2025 (5:30 AEDT Nov 23)
- Presenter: Kirsten Lykkegaard DVM PhD (Denmark)
- **Description:** A brief description of our model, theory, and how treatments can be derived in simple ways. We'll compare and contrast the psychobiology vs psychoimmunology approaches, with two examples: our treatments for vertigo, and attention deficit disorder (ADD).
- **Bio:** Kirsten is a doctor of veterinary medicine and also holds a PhD in pharmacology. For over 20 years she has contributed to fundamental biomedical research within the fields of pain, obesity and type 2 diabetes. As director of research at the ISPS, her focus is on developing effective disease treatments using psycho-immunology and psychobiology. She is also investigating the causes of diseases of unknown etiology, such as Parkinson's and autism.
- Affiliation: Research Director, Institute for the Study of Peak States
- Website: www.PeakStates.com, orcid.org/0000-0001-7602-1578



‘Pay for results’: what it is, and how to use it in your practice

- Time: 20:00 CET / 14:00 EDT, Nov 22, 2025 (6:00 AEDT Nov 23)
- Presenter: Grant McFetridge PhD (Canada)
- **Description:** ‘Pay for results’ billing is a core principle of the Institute, used with all Institute clients and by all Institute certified therapists. This talk explains how it works, and gives examples of how to use it in therapy and medical practices.
- **Bio:** Grant McFetridge PhD (psychology) originally worked in electrical engineering R&D as a consultant and as adjunct faculty in California. In 1998 he founded the Institute for the Study of Peak States, where he is focused on research. He is the author of *Subcellular Psychobiology Diagnosis Handbook*, *Silence the Voices*, *Peak States of Consciousness* volumes 1 & 2, and *The Whole-Hearted Healing Manual*.
- Affiliation: Emeritus research director, Institute for the Study of Peak States
- Website: www.PeakStates.com www.orchid.org/0000-0002-8917-6613



Leading applied research

- Time: 20:30 CET / 14:30 EDT, Nov 22, 2025 (6:30 AEDT Nov 23)
- Presenter: Mary Pellicer MD (USA) with Shayne McKenzie (AUS)
- **Description:** Our CEO of the Institute, Shayne McKenzie, will interview our Director of Applied Research, Mary Pellicer MD, to share some of her key experiences with the Institute (dating back to it's inception) and more recently her involvement with the applied research of our breakthrough treatments.
- **Bio:** Dr. Mary Pellicer is trained as a family practitioner and worked for a number of years in a migrant health clinic practicing conventional medicine. She originally met Grant in 2000 and worked with the ISPS for five years, co-authored the first WHH textbook, co-taught trainings, and co-presented at conferences. Mary rejoined the Institute in 2017 as the director of applied research, where she leads the phase 1 & 2 clinical trials. She is committed to bridging the gap between the conventional practice of medicine and the fascinating new discoveries being made in the Institute.
- Affiliation: Director of Applied Research, Institute for the Study of Peak States.
- Website: www.Psycho-Immunology.com www.orchid.org/0000-0002-5335-7957



A new breakthrough in psychobiology technique applied to Attention Deficit Disorder, vertigo, and more

- Time: 21:00 CET / 15:00 EDT, Nov 22, 2025 (7:00 AEDT Nov 23)
- Presenters: Mary Pellicer MD (USA), Kirsten Lykkegaard DVM PhD (Denmark), Grant McFetridge PhD (Canada)
- **Description:** Dr. Kirsten Lykkegaard (DVM, PhD) describes the use of our new 2nd generation psychobiology technique applied to two diseases: Attention Deficit Disorder (ADD) and vertigo. She also compares and contrasts this to our 1st generation of psychobiology techniques, and to our psychoimmunology approach.
- **Bio:** Kirsten is a doctor of veterinary medicine and also holds a PhD in pharmacology. For over 20 years she has contributed to fundamental biomedical research within the fields of pain, obesity and type 2 diabetes. As director of research at the ISPS, her focus is on developing effective disease treatments using psycho-immunology and psychobiology. She is also investigating the causes of diseases of unknown etiology, such as Parkinson's and autism.
- Affiliation: Institute for the Study of Peak States.
- Website: www.PeakStates.com, www.Psychoimmunology.dk, orcid.org/0000-0001-7602-1578



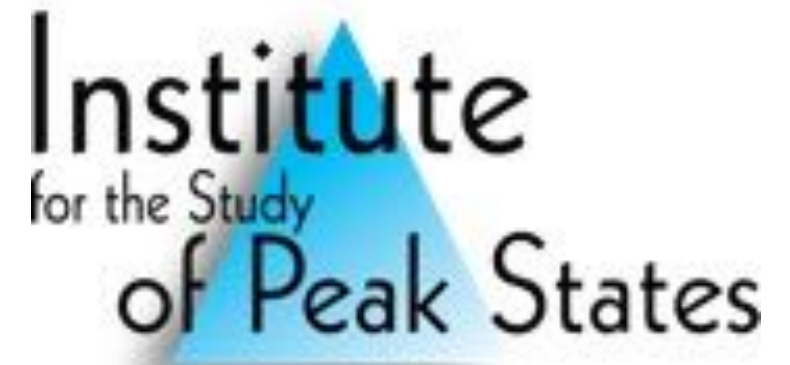
Using trauma healing for Zen realization



- Time: 21:00 CET / 15:00 EDT, Nov 22, 2025 (7:00 AEDT Nov 23)
- Presenters: Kirsten Lykkegaard DVM PhD (Denmark), Mary Pellicer MD (USA), and Grant McFetridge PhD (Canada)
- **Description:** We'll describe how we applied trauma psychobiology to the state of Zen realization, and discuss how we found and tested it.
- **Bio:** Dr. Lykkegaard is a doctor of veterinary medicine, holds a PhD in pharmacology, and is the director of research at the Institute. Dr. Pellicer is an MD and the director of applied research at the Institute. Dr. McFetridge is the founder of the Institute, and is the emeritus director of research. And Shayne McKenzie is the CEO of the Institute.
- Affiliation: Institute for the Study of Peak States.
- Website: www.PeakStates.com, www.Psychoimmunology.dk

A presenters roundtable with attendee questions (Q&A)

- Time: 21:30 CET / 15:30 EDT, Nov 22, 2025 (7:30 AEDT Nov 23)
- Presenter: All presenters
- **Description:** This gives you, the listener a chance to call or type in questions. You can address specific presenters or ask anyone to respond.
- **Bio:** Most of the presenters are staff at the Institute for the Study of Peak States, doing trauma, psychobiology, and psycho-immunology research, teaching, and treatments.
- Website: www.PeakStates.com



“Support talks for students and graduates”

Sunday Nov 23, 2025 EU/US
(Monday Nov 24 AUS)

New Institute processes and clinics

- Time: 19:00 CET / 13:00 EDT, Nov 22, 2025 (5:00 AEDT Nov 23)
- Presenter: Shayne McKenzie, CEO (Australia) and staff
- **Description:** The Institute for the Study of Peak States is first and foremost a research organization. Over the past 2.5 years, we have made many significant research breakthroughs, particularly in the psycho-immunology field. This short presentation will highlight some of the new discoveries and techniques for therapists. These include: cluster traumas and 2 ways to heal them; updates on PB and PI processes; changes in the clinic; new PB time loops process; the impact of eliminating all monoliths; all copies; voices; and more.
- **Bio:** Shayne is a people focused executive leader contributing to a transformation in how health care and psychological treatments will be delivered. He is passionate about optimal health and wellbeing, and thoroughly enjoys assisting others significantly improve their relationships, physical health, or emotional quality of life. Before joining the Institute he worked for a global strategy consulting firm and held a number of HR and Talent Management roles.
- Affiliation: Shayne McKenzie is the CEO of the Institute for the Study of Peak States.
- Website: www.PeakStates.com



“My long journey to becoming a trauma therapy trainer at the Institute for Peak States”

- Time: 19:30 CET / 13:30 EDT, Nov 23, 2025 (5:30 AEDT Nov 24)
- Presenter: Eduard Sirota
- **Description:** The topic of my presentation is my journey within the Institute (now in its 9th year) to becoming a trainer. How the Institute's requirements for those who want to become trainers are implemented in reality. What needs to be taken into account by those whose native language (the language of the students) is not understood by the trainer-mentor (as, for example, mine was Russian).
- **Bio:** Eduard Sirota is the first certified therapist in Russia. Born in Moscow, lived in different countries, studied philosophy, history and psychology, throughout his life have been involved in various activities, from employment to business, last 15 years working as professional psychologist. He is Institute's trainer and coordinator in Russian-speaking space. Also, he presents clinical Institute's processes in Russian (Asperger and Column). He sees his main interest and drive in life as helping people unlock their potential and change their lives for the better.
- Affiliation: Faculty, Institute for the Study of Peak States
- Website: www.edzaks.ru



“My Associated Awareness: tips and observations from my personal healing”

- Time: 20:00 CET / 14:00 EDT, Nov 23, 2025 (6:00 AEDT Nov 24)
- Presenter: Julie Bucker
- **Description:** A focused look at how the mind and body can fall in love again through finding their true heart and merge into their true center of awareness. I found some major breakthroughs into how to help people move out of a dissociative reality so they can start finding joy in living again.
- **Bio:** Julie Thomas Bucker, a stay at home mom for 16 years. I just had my 7th baby this May. I am a fan of studying subcellular psychobiology, consciousness, and neuro linguistic awareness.
- Affiliation: Private practice therapist
- Email: emmajonesanewhope@gmail.com



Healing trauma through higher vibrational fields of consciousness

- Time: 20:30 CET / 14:30 EDT, Nov 23, 2025 (6:30 AEDT Nov 24)
- Presenter: Piotr Kawecki
- **Description:** The subject of my presentation is to present the results of my search for a way to heal traumas that do not respond to classic WHH therapy.
- **Bio:** Piotr Kawecki graduated from higher art studies and worked as a book designer. He completed basic and advanced ISPS training and participated in the research group. After leaving the Institute, he began searching for new therapeutic methods and currently runs a therapeutic practice based on the support of high-vibration fields of consciousness. His main interest is in researching consciousness and searching for new methods of healing trauma.
- Affiliation: Private practice.
- Email: piotr.kawecki@epoczta.pl



Exploring spiritual peak states from the Tantra traditions

- Time: 21:00 CET / 15:00 EDT, Nov 23, 2025 (7:00 AEDT Nov 24)
- Presenter: Gaëtan Klein
- **Description:** Spiritual traditions like Tantra aim at attaining the pinnacle of the human experience. Looking at it through the peak states model, we can derive new ways to understand - and achieve - the states of consciousness these traditions point at.
- **Bio:** Gaëtan Klein is a French psychotherapist specialized in trauma therapy, with 14 years of experience. He had an early interest in addictions and trauma therapy and helped over 2,500 clients and trained therapists in this area before joining the institute 9 years ago. He now focuses on training peak states therapist and participating in research.
- Affiliation: staff, Institute for the Study of Peak States
- Website: <http://www.gaetanklein.com>. Email: contact@gaetanklein.com



A localized Inner Peace: working with the triune brains

- Time: 21:30 CET / 15:30 EDT, Nov 23, 2025 (7:30 AEDT Nov 24)
- Presenter: Owen Smithyman
- **Description:** A slight change in convention resulted in a new way of indirectly eliminating pathogens by healing triune brain trauma. This method is easy, reliable, and extremely useful, and uses only existing published techniques. It also raises questions whose answers could lead to further innovation in healing.
- **Bio:** Owen Smithyman is a Peak States Therapy practitioner and aspiring consciousness researcher devoted to helping people permanently release the unconscious blocks that negatively shape their relationships, behaviors, and sense of self. Drawing from years of personal development and healing work with a wide variety of modalities, Owen blends compassion, science, and innovation to create lasting change, helping people move beyond coping and into genuine healing. His larger goal is to create a post-scarcity society that can serve as an antidote to the ills of our current system.
- Affiliation: Private practice therapist
- Email: osmithy@gmail.com



A presenters roundtable with attendee questions (Q&A)

- Time: 22:00 CET / 16:00 EDT, Nov 23, 2025 (8:00 AEDT Nov 24)
- Presenter: All presenters
- **Description:** This gives you, the listener a chance to talk or type in questions. You can address specific presenters or ask anyone to respond.
- **Bio:** Most of the presenters are staff at the Institute for the Study of Peak States, doing trauma, psychobiology, and psycho-immunology research, teaching, and treatments.
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